

AND INJECT TOWARD THE HEART

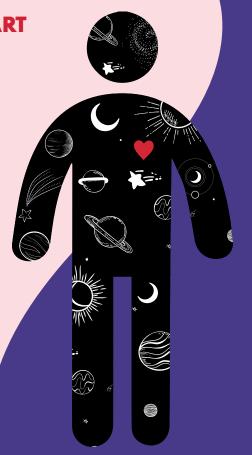
Always inject into a vein and never an artery.

Veins are close to the surface of the skin and springy to the touch.

Arteries are located deeper in the body and not as visible as veins.

If you hit an artery, it will hurt and your blood will look foamy.

If this happens, apply pressure to the wound and seek medical attention if the bleeding does not stop.



BEFORE GOING IN HANDS, WRISTS, FEET, GROIN AND NECK Arms usually have three accessible veins.

To find a vein, try using a soft tie or tourniquet.

Use a slip knot so that you can easily pull the tie off after injecting.

If possible, release the tie after your register (flag), but before you push in your hit.

If you are afraid you will miss your hit when you release the tie, push your hit in slow.

Ask your SSP for tourniquets and other supplies.

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