

TRY BOTH ARMS

**BEFORE GOING
IN HANDS,
WRISTS, FEET,
GROIN AND
NECK**

Arms usually have three accessible veins.

To find a vein, try using a soft tie or tourniquet.

Use a slip knot so that you can easily pull the tie off after injecting.

If possible, release the tie after your register (flag), but before you push in your hit.

If you are afraid you will miss your hit when you release the tie, push your hit in slow.

Ask your SSP for tourniquets and other supplies.

Bevel Up
brought to you
by NASTAD

www.bvlup.com



Scan code
for more info

